

## LUNCH COMBINATIONS

Your choice of individual boxed lunches or platter style.

**#1:** Sandwich and lunch side \$11.99 **#2:** Sandwich, lunch side and a cookie \$12.49

**#3:** Sandwich, 2 lunch sides and a cookie \$13.99

### SANDWICHES

BLT • Chicken Salad • Club • Ham • Italian • Pimento Cheese  
Roast Beef • Turkey • Veggie Wrap

### DELUX (Add \$2.00)

Ahi Tuna Wrap • Chicken Bacon Ranch • Caprese • Proscuitto Apple Brie  
Quinoa Salad Wrap • Chicken Caesar Wrap

### LUNCH SIDES

Broccoli Salad • Chips • Pasta Salad • Potato Salad  
Seasonal Fruit • Grape Salad

## INDIVIDUAL LUNCH SALADS

Caesar • Greek • House • \$11.99  
Mango • Sole • Asian • Avocado • \$12.99

Add protein:

Chicken \$4 • Shrimp (6) \$5 • Seared Tuna \$6  
Salmon \$6 • Grilled Steak \$8



## LITTLE BITES, DIPS & PLATTERS

### LITTLE BITES

Avocado Shrimp Bites • \$1.75 each  
Bacon Wrapped Dates • \$1.50 each  
Deviled Eggs • \$20.00 (15 each)  
Sausage Balls • \$1.50 each  
Stuffed Mushrooms • \$1.50 each  
Sweet & Tangy Meatballs • \$1.25 each  
Spinach & Mozzarella Mini  
Quiches • \$1.50 each  
Red Pepper Hummus Shots • \$1.75 each  
Salad Bites: Waldorf or Cobb • \$2.00 each  
Bruschetta or Olive Tapenade  
Crostini • \$1.50 each  
Pimento Cheese with Bacon  
Jam Crostini • \$1.50 each  
House-made Ricotta Bruschetta • \$1.75 each  
Salmon & Cheese Crostini • \$2.75 each  
Goat Cheese Tarts • \$1.75 each  
Smoked Salmon Phylo Cup • \$1.75 each  
Fruit Skewers • \$1.75 each  
Ham and Cheese Sliders • \$27 per dz  
Philly Cheese Steak Sliders • \$29 per dz  
BBQ Turkey Sliders • \$27 per dz  
Mini Chicken Salad Croissants • \$1.75 each

[See website for the full Little Bites list.](#)

*If you do not see exactly what you are looking for, then just ask...  
We will help bring your food concept to fruition!*

### DIPS All dips serve 8-10 people.

Buffalo Chicken Dip with Carrots,  
Celery and Tortilla Chips • \$39.99  
House-made Hummus with Pita &  
Veggies • \$44.99  
Roasted Corn Poblano Dip  
with Tortilla Chips • \$39.99  
Spinach Dip with Tortilla Chips • \$39.99  
Wisconsin Beer Brat Dip with  
Pretzels • \$49.99

### FRUIT PLATTERS:

Small • \$55.00  
Large • \$75.00

### VEGGIE PLATTERS:

Small • \$45.00  
Large • \$65.00

### CHARCUTERIE PLATTERS:

*You dream it, we make it.*  
Prices starting at \$100.00  
(Includes assortments of cheeses,  
meats, nuts, dried fruits and spreads)



## BREAKFAST

### #1 THE LIGHTER SIDE

Yogurt and Granola, Pastries and Seasonal Fruit • \$9.99 per person

### #2 GRAB AND GO

Biscuits with Choice of Sausage, Chicken or Bacon, Choice of 2 sides • \$11.49 per person

### #3 WRAP AND GO

Breakfast Burrito with Eggs and Choice of Chorizo, Peppers and Onions, or Sausage,  
Choice of 2 sides • \$11.99 per person

### #4 THE CONTINENTAL

Choice of 1 meat, Choice of 4 sides • \$13.99 per person

### - MEATS -

Two pieces \$3.99 each (Turkey additional \$2.00)  
Bacon • Ham • Sausage Links • Sausage Patties • Turkey Bacon

### - SIDES -

\$3.49 per person  
Biscuits • French Toast Casserole • Grits • Hashbrown Casserole • Home Fries  
Scrambled Eggs • Seasonal Fruit • Yogurt and Granola

### - DRINKS -

Assorted Juices \$3.99 each • Bottled Water \$2.99 each  
Coffee Box or Assorted Teas (serves 8-10) \$15.99

### - EXTRAS -

Breakfast Croissants with Egg and Cheese, with your choice of  
Bacon, Ham, or Sausage \$5.99  
Biscuits & Gravy \$3.99 • Assorted Pastries \$2.99 each  
Seasonal Fruit Yogurt Parfaits \$3.99  
Quiches: Ham & Cheese, Meatlover, Loraine, Broccoli Bacon Cheddar,  
Veggie • \$24.99 each (serves 6)

**Call to place your order: 678-920-1522**  
**or order online: [www.eatcateringconcepts.com](http://www.eatcateringconcepts.com)**

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Follow us: [@eatcateringconcepts](https://www.instagram.com/eatcateringconcepts)



# MENU

SPRING/SUMMER 2024

*Servin' up American Classics & more!*



Menu prices do not include delivery and tax. Minimum order subtotal \$150. Any new orders or changes must be made 48 hours prior to the event. Any cancellations must be made 48 hours prior to the event, unless otherwise specified in event contract, to avoid 50% cancellation fee.



## FAMILY STYLE SALADS

Half salads serve 8-10 people as a side salad. Full salads serve 10-15 people. GF = Gluten Free

### ASIAN

Shredded romaine mix, cabbage, scallions, shredded carrots, cilantro, toasted almonds, Mandarin oranges, Oriental noodles with a creamy sweet and sour dressing.

Half \$27.99 • Full \$44.99

### AVOCADO (GF)

Spring mix with candied walnuts, sliced apples, cranberries, diced avocado, Mandarin oranges and blue cheese crumbles with a honey mustard vinaigrette.

Half \$31.99 • Full \$54.99

### SOLE (GF)

Baby Scarlett Red Lettuce with cucumber, carrot, onion, red cabbage and a Korean Vinagrette

Half \$27.99 • Full \$44.99

### CAESAR

Chopped romaine, shaved Parmesan, croutons and creamy Caesar dressing.

Half \$27.99 • Full \$44.99



## CLASSIC ITALIAN ENTRÉES

Minimum order 5 people per entrée. Served with Caesar or House salad.

Add Rolls with Herb Butter or Garlic Bread for \$1.00 per person

### CHICKEN MARSALA

Chicken sautéed in Marsala wine with mushrooms and onions, served on top of penne.

\$12.99 per person

### PASTA PRIMAVERA

Penne served with an array of fresh seasonal roasted vegetables topped with a vegetable velouté and parmesan cheese.

\$12.99 chicken or \$11.99 veggie per person

### SPINACH OR MEAT LASAGNA

Classic Italian lasagna – or substitute spinach with bechamel ricotta sauce for those fun leaf-eaters.

\$12.99 per person

### ZITI BOLOGNESE

Baked ziti, ricotta with the added twist of our classic bolognese sauce

\$12.99 per person

### GREEK (GF)

Chopped romaine, Kalamata olives, Feta cheese, onions, cucumber, tomatoes, pepperoncini with a creamy Greek dressing.

Half \$27.99 • Full \$44.99

### HOUSE

Chopped romaine, shaved red onion, cheddar jack cheese, tomato, cucumber and croutons with a honey mustard vinaigrette or ranch dressing.

Half \$24.99 • Full \$41.99

### MANGO (GF)

Romain, Spinach mix with pickled onions, edamame, mango, carrots, radish with our citrus vinaigrette.

Half \$31.99 • Full \$54.99

### Add protein to any salad:

Shrimp: Half \$12 • Full \$16

Salmon: Half \$15 • Full \$20

Seared Tuna: Half \$19.99 • Full \$29.99

Grilled Chicken: Half \$9 • Full \$15

Steak: Half \$12 • Full \$24

## SOUTH OF THE BORDER ENTRÉES

Comes with Tortilla Chips with Salsa and a choice of 2 sides. Minimum order 5 people per entrée.

GF = Gluten Free

### ENCHILADAS (GF)

Brisket with red enchilada sauce and Monterey jack cheese or chicken topped with green sauce and Cotija cheese. Each rolled in a corn tortilla.

Chicken \$12.49 per person • Brisket \$13.49 per person

### TACO BAR

Your choice of chicken or beef, served with flour tortillas, lettuce, tomato, cheese and sour cream. \$11.99 per person

Add fajita roasted veggies, guacamole or cheese dip for \$1.00 each, per person

### FAJITA BAR

Your choice of chicken, steak or shrimp, served with flour tortillas, lettuce, tomato, cheese and sour cream. Chicken \$12.99 per person • Steak or Shrimp \$16.99

Add guacamole or cheese dip for \$1.00 each, per person

## AMERICAN FARE ENTRÉES

Comes with choice of 2 sides. Minimum order 5 people per entrée. Add Rolls with Herb Butter or Garlic Bread for \$1.00 per person

### PARMESAN CRUSTED CHICKEN

Tender oven-roasted marinated chicken breast cutlets, coated in our Parmesan-herb blend breading.

\$13.99 per person

### BALSAMIC GLAZED PORTABELLAS (GF)

Portabella caps roasted with a balsamic glaze, mozzarella cheese and topped with roasted red peppers, served on a bed of spinach.

Vegetarian \$12.99 per person

Vegan \$14.99 per person

### BOURBON CHICKEN (GF)

Pan seared, tender chicken served with our signature sweet bourbon sauce.

\$12.99 per person

### STUFFED CHICKEN

Pan seared chicken breast stuffed with spinach and provolone finished with a sundried tomato voluté.

\$13.99 per person

### VEGGIE ROTINI (GF)

Roasted pesto rubbed eggplant filled with red peppers, spinach, & goat cheese.

\$11.99 per person

### MEATLOAF

All-beef, tender and flavorful meatloaf topped with bacon, then coated with a tomato glaze.

\$13.49 per person

### FLANK STEAK

Marinated flank steak, seared to perfection, sliced and served with your choice of chimichurri or horseradish cream sauce.

\$17.99 per person

### MANGO PINEAPPLE MAHI

Blackened Mahi topped with a house made mango pineapple salsa.

\$19.99 per person

## PAN ASIAN ENTRÉES

Comes with choice of 2 sides. Minimum order 5 people per entrée. Add Rolls with Herb Butter or Garlic Bread for \$1.00 per person

### BEEF BULGOGI

Tender sliced marinated beef, seared and served with red lettuce and our signature bulgogi sauce.

\$17.99 per person



### EMPRESS CHICKEN

Breaded Chicken tossed in our Empress Sauce, next level sweet and sour chicken.

\$13.99 per person



## SOUTHERN BBQ ENTRÉES

Comes with choice of 2 sides. Minimum order 5 people per entrée. Add Buns, Rolls with Herb Butter, or Garlic Bread for \$1.00 per person. Sauce options include Backyard BBQ, Spicy, Alabama White. GF = Gluten Free

### BONE-IN SMOKED CHICKEN (GF)

Hickory-smoked light and dark meat with our signature rub, slow-smoked to perfection.

\$13.49 per person

### CEDAR PLANK SALMON (GF)

Garlic-herb crusted smoked salmon, served on a bed of spinach, and drizzled with our Alabama White sauce.

\$16.99 per person

### PORK TENDERLOIN (GF)

Bacon wrapped smoked pork tenderloin brushed with a sweet BBQ sauce.

\$13.99 per person



### PULLED PORK OR CHICKEN (GF)

Chopped pork or chicken right out of the smoker with our house rub. Tossed with your favorite sauce, with buns.

\$13.49 per person

### SMOKED BRISKET (GF)

Hickory slow-smoked brisket chopped and served with your favorite sauce.

\$15.99 chopped per person

\$16.99 sliced per person

### SMOKED TURKEY (GF)

Smoked Turkey-Hand sliced; honey brined smoked turkey breast.

\$13.99 per person



## SIDES

### STANDARD • \$3.49 per person

Stir Fry Vegetables • Assorted Chips • Baked Beans • Baked Potato Casserole  
Black Beans • Broccoli Salad • Sticky Rice • Cole Slaw • Red Bliss Mashed Potatoes  
Green Beans • Creamed Spinach • Herb Potatoes • Macaroni & Cheese  
Mexican Street Corn • Mediterranean Pasta Salad • Potato Salad • Rice Pilaf  
Roasted Broccoli • Seasonal Fruit • Roasted Vegetables • Mexican Rice  
Steamed White Rice • Refried Beans

### PREMIUM • \$4.50 per person

Sundried Tomato Roasted Asparagus • Heirloom Carrots • Grape Salad • Marinated Eggplant • Crispy Smashed Potatoes • Charro Beans • Pesto Green Beans  
Sesame Green Beans • Squash Casserole • Marinated Olive Salad  
Crispy Green Rice Pilaf • Broccoli Tofu

## DESSERTS

Brownies • Cookies • Assorted Bars • Lemon Bars • Mini Dessert Burritos • \$2.99 each  
Seasonal Cobbler • Apple Crisp • Banana Pudding  
Zuppa Inglese • Chocolate Trifle • Fruit Trifle • Bread Pudding  
\$29.99 each (serves 10-12)  
Italian Zabaione \$5.99 each (GF) • Chocolate Covered Strawberries \$2.99 each

## BEVERAGES

Hibiscus Tea • Organic Lemonade • Raspberry Lemonade • Strawberry Dragonfruit Lemonade • \$14.99 per gallon (serves 10)  
Sweet Tea • Unsweetened Tea • \$9.99 per gallon (serves 10)  
Canned Sodas \$2.99 each • Bottled Water \$2.99 each • Sparkling Water \$3.99

\*\*\*Please inform us if anyone in your order has a food allergy or dietary restriction.\*\*\*

Ask about our vegetarian, vegan, gluten-free and full-service options. Gluten-free noodle option \$1.00

Individually packaged meals \$2.99 per person. Menu prices do not include delivery and tax.